



# ST. FRANCIS OF ASSISI

ROMAN CATHOLIC CHURCH | MISSISSAUGA, ONTARIO

### Pastoral Staff

Rev. Damian Ali, Pastor  
Deacon Don Roberts  
Deacon Richard Te  
Melinda Mayo, Office Administrator  
Joan Cabri, Parish Bookkeeper

### New Parishioners

Welcome to our parish family! Please register by filling out a form available at the back of the church or online.

### Sacrament of Baptism

The desire for Baptism for a child must be accompanied by a very serious commitment to raise the child within the Catholic faith community and to educate the child in the truths of the church. An essential part of the commitment is regular attendance at Sunday Mass. Baptisms are usually held on two Sundays every month. Please contact the parish office for a Baptismal package.

### Sacrament of Matrimony

Couples planning to be married should contact the parish one year in advance. They must also attend a Marriage Preparation Course prior to entering marriage. If either party has previously gone through any form of civil divorce or religious marriage with another person, please notify the priest as soon as possible as the priest is not permitted to set a wedding date until the Bishop's Office has been contacted.

### Sacrament of the Sick

In this Sacrament we celebrate Christ's healing presence among us today. If you, a relative or friend, require this Sacrament at home or nursing home, please call the parish office. For your spiritual needs during a hospital stay, the Archdiocese of Toronto has assigned a full time Roman Catholic Chaplain to each of the two Mississauga hospitals. For the Chaplain, speak to the Nurses' Desk or call the Spiritual Care Office.

### Sacrament of Reconciliation

Every Saturday: 4:00 PM - 4:45 PM  
(or by appointment)

### OFFICE HOURS

Monday - Friday: 9 a.m. - 12:30 p.m. and 1:30 - 4:00 p.m.  
Closed Daily: 12:30 p.m. - 1:30 p.m.

### MASS

Sunday Eucharist  
Saturday Vigil: 5:00 PM (fulfills the Sunday obligation)  
Sunday: 8:30 AM, 10:00 AM & 12:00 NOON

#### Weekday Eucharist

Mondays / Wednesdays / Fridays 7:00 PM  
Tuesdays / Thursdays 8:30 AM

### DEVOTIONS

#### Holy Hour

Fridays (excluding holidays) 6:00 PM - 6:50 PM

#### Our Lady of Perpetual Help Rosary

Wednesday during Mass  
Wednesday at 6:40

### PARISH LIFE

Charismatic Prayer Goup 905-822-8132  
Legion of Mary (Wed 7:30 PM) 905-822-8132  
Knights of Columbus (Mike Genua) 416-804-3457  
RCIA 905-822-8132 ext. 3  
St. Vincent de Paul 905-822-8132 ext. 5  
Catholic Cemeteries 416-733-8544

### SCHOOLS

St. Francis of Assisi 905-822-3183  
St. Margaret of Scotland 905-820-5115  
Christ the King 905-569-0220

# NINETEENTH SUNDAY IN ORDINARY TIME

August 8, 2021

## “If Anyone Eats of This Bread, He Will Live for Ever”



God offers his people abundant life, but we can miss it. What is the *bread of life* which Jesus offers? It is first of all the life of God himself - life which sustains us not only now in this age but also in the age to come. The Rabbis said that *the generation in the wilderness have no part in the life to come*. In the Book of Numbers it is recorded that the people who refused to brave the dangers of the promised land were condemned to wander in the wilderness until they died. The Rabbis believed that the father who missed the promised land also missed the life to come. God sustained the Israelites in the

wilderness with manna from heaven. This bread foreshadowed the true heavenly bread which Jesus would offer his followers.

Jesus makes a claim only God can make: He is the *true bread of heaven* that can satisfy the deepest hunger we experience. The manna from heaven prefigured the superabundance of the unique bread of the Eucharist or Lord's Supper which Jesus gave to his disciples on the eve of his sacrifice. The manna in the wilderness sustained the Israelites on their journey to the Promised Land. It could not produce eternal life for the Israelites. The bread which Jesus offers his disciples sustains us not only on our journey to the heavenly paradise, it gives us the abundant supernatural life of God which sustains us for all eternity. When we receive from the Lord's table we unite ourselves to Jesus Christ, who makes us sharers in his body and blood and partakers of his divine life. Ignatius of Antioch (35-107 A.D.), an early church father and martyr, calls it the "one bread that provides the medicine of immortality, the antidote for death, and the food that makes us live for ever in Jesus Christ" (*Ad Eph. 20,2*). This supernatural food is healing for both body and soul and strength for our journey heavenward.

Jesus offers us the abundant supernatural life of heaven itself - but we can miss it or even refuse it. To refuse Jesus is to refuse eternal life, unending life with the Heavenly Father. To accept Jesus as the *bread of heaven* is not only life and spiritual nourishment for this world but glory in the world to come. When you approach the Table of the Lord, what do you expect to receive? Healing, pardon, comfort, and rest for your soul? The Lord has much more for us, more than we can ask or imagine. The principal fruit of receiving the Eucharist or Lord's Supper is an intimate union with Christ. As bodily nourishment restores lost strength, so the Eucharist strengthens us in charity and enables us to break with disordered attachments to creatures and to be more firmly rooted in the love of Christ. Do you hunger for the "bread of life"?

*Lord Jesus, you are the living bread which sustains me in this life. May I always hunger for the bread which comes from heaven and find in it the nourishment and strength I need to love and serve you wholeheartedly. May I always live in the joy, peace, and unity of the Father, Son, and Holy Spirit, both now and in the age to come.*

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### SUNDAY MASS ON YOUTUBE

Mass is being live streamed on our Parish YouTube Channel on Sunday morning beginning at 10:00 a.m. and every Wednesday at 7pm (preceded by the Rosary at 6:40pm).

The link to our parish YouTube channel is:

[https://www.youtube.com/channel/UCokoBfidkSQAZ\\_Buk3g-bhw?](https://www.youtube.com/channel/UCokoBfidkSQAZ_Buk3g-bhw?)

### SUMMER OFFICE HOURS

During the months of July and August, the parish office will be closed on Mondays. Tuesday to Friday the office hours will be 9:00 a.m. to 12:30 p.m. and 1:30 p.m. to 4:00p.m. All phone calls and emails will be returned on Tuesday.

## Mass Intentions for the Week

### MONDAY, AUGUST 9 – 7:00 P.M.

S.I. Janet Tan

### TUESDAY, AUGUST 10 – 8:30 A.M.

Intention Available

### WEDNESDAY, AUGUST 11 – 7:00 P.M.

S.I. Denyse Schnoeckel

+ Angela, Anne and Patrick Moylett

### THURSDAY, AUGUST 12 – 8:30 A.M.

S.I. For married couples and those preparing for marriage.

### FRIDAY, AUGUST 13 – 7:00 P.M.

+ Rosa and Mariano Padilla

### SATURDAY, AUGUST 14 – 5:00 P.M.

+ Intention Available

### SUN., AUGUST 15 – ASSUMPTION OF THE BLESSED

#### VIRGIN MARY

S.I. Parish Community

## RECONCILIATION

The Sacrament of Reconciliation (Confession) is offered every Saturday from 4:00pm to 4:45pm in the Reconciliation Room of the church.

## FORMED

Our parish now has a subscription to FORMED, a premier online platform. Best of all, this material is free to you.

There are 3 easy steps to Sign Up on FORMED:

1. Visit <http://signup.formed.org/>
2. Enter our parish code: L5K
3. Enter your name and email

FORMED

PICK OF THE WEEK

August 8, 2021

**WATCH**

**EDITH STEIN: THE SEVENTH CHAMBER**

This is a moving, artistic portrayal of the life of Jewish philosopher, Catholic convert, and Carmelite martyr, Edith Stein. It powerfully captures the interior struggles of this extraordinary woman and her journey toward the Lord. Deeply influenced by the writings of St. Teresa of Avila, she joined the Carmelites, took the name of Teresa Benedicta of the Cross, and was put to death in Auschwitz in 1942. In honor of Teresa Benedicta's feast day, enjoy this film.



**LEARN**

**FORMED NOW: MARTYRS AND MONASTICS**

We celebrate many martyrs and monastics during this rich week in the liturgical calendar. But how did the Church become a place of heroic martyrdom and steadfast monasticism? In this video, Dr. Ben Akers sits down with Dr. Elizabeth Klein to discuss these themes and their history in the early Church.



**LISTEN**

**15 THINGS TO DO IN THE MIDST OF SUFFERING BY JEFF CAVINS**

In addition to St. Teresa Benedicta of the Cross, the Church also celebrates the feast of St. Maximilian Kolbe this week. Kolbe, a Polish Catholic priest, fearlessly suffered the horrors of Auschwitz, where he was eventually martyred because of his faith. The life of this Saint reminds us that suffering is a mystery we all face at many points in our lives. In this talk, internationally known speaker Jeff Cavins shares his insights on this difficult topic and shows us how our suffering can become redemptive.



Our parish has a FORMED subscription.  
To set up your free account visit [formed.org/signup](http://formed.org/signup) and select our parish.

## MASS TIME CHANGE

Please note that effective Tuesday, August 3, morning Masses on Tuesdays and Thursdays will begin at 8:30 a.m.

## HEALING AND RECONCILIATION WITH INDIGENOUS COMMUNITIES

As Canadians reflect on how we can respond to the pain and suffering experienced by survivors of residential schools and their loved ones, the Archdiocese of Toronto is committed to being directly engaged in the ongoing journey of truth and reconciliation.

While the archdiocese did not operate residential schools, we have a responsibility to take genuine and meaningful steps to journey with Indigenous communities on the path to reconciliation, and to assist in healing the trauma experienced from the residential school system.

We are currently establishing working groups, each enriched by Indigenous voices, to help guide and support our efforts. If you would like to read about what this entails please go the document on the Archdiocesan website by following this link:

<https://www.archtoronto.org/en/outreach/news/archdiocesan/the-ongoing-journey-to-healing-and-reconciliation/>

## ARE YOU MOVING?



During the months of July and August a number of parishioners will be moving out of the parish.

Before moving, please leave your change of address with the parish office. If you are new to the parish, please pick up a registration form in the vestibule, fill it out and submit it to the parish office.

## CANADIAN MISSIONS COLLECTION

Catholic Missions In Canada, founded in 1908, fosters and extends the blessings of the Catholic faith by supporting missions in regions of Canada where the population is too small, or the economic situation of the community is too fragile for the people themselves to support their local Church and its ministry. This collection will be taken up on the weekend of August 14 and 15. Thank you for your generosity.



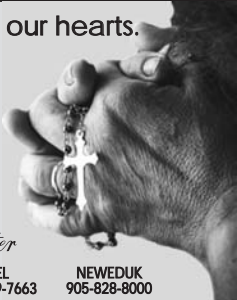
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